



NIPWLS WEIGH INS
AUGUST 13th
LA PORTE COUNTY FAIR GROUNDS



NIPWLS
Weigh –In Procedure

Effective 2011 Season

Date Issued February 13th 2011

PURPOSE:

To provide guidelines for the weigh-in process at the NIPWLS official Weigh Ins

Responsibility:

It is the Responsibility of the Association President and Business Manager to ensure this procedure is communicated and followed by the Association

Definitions:

WEIGH-INS: The procedure where by each participant participating in the Pop Warner Super Bowl will have their weight verified to ensure that all participants meet the National Pop Warner age & weight matrix, per the National Pop Warner Official Rules

Procedure:

- A. Weigh-ins will be conducted by the NIPWLS Weigh master per the attached schedule. The weigh master will do minimum and maximum weights.
- B. The designated weigh master prohibits any unauthorized personnel in the weigh in area. This area will be restricted to League Personal, Weigh Masters, Association Presidents, Business Managers, Coaches, and the Players being weighed.
- C. The players awaiting weigh-ins will be lined up in Alphabetical roster order, Players are required to have their game jersey's on.
- D. Players are required to be carrying the article of clothing that has the National Pop Warner patch and show to the National Weigh Masters.
- E. Each player being weighed will be in **gym shorts, T-shirt and Socks. The Players will give his name, birth date to the Weigh Master prior to stepping on the scale.**
- F. When directed, the player shall advance to the scale.
- G. The player being weighed-in will step on and off the scale when asked to do so by the Weigh Master. Players should stand still on the scale with both feet entirely centered on the scale. **Each Player has one Chance on the Scale**
- H. If a player is overweight (**5 lbs or more over the maximum limit**) he or she:
A: Must be Moved, if eligible to another division depending of his/her age
B: Must be dropped from the team
- I. If a Player is UNDER weight:
A: Must be Moved, if eligible to another division depending of his/her age
B: Must be dropped from the team
- J. Once the team is weighed in, the Head coach will take his/her team to the Photography for official photo ID's. All Rostered personal must have Photo ID's taken



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- K. In no case will Weigh Masters, Coaches or League officials allow a player who is overweight or Underweight to be certified to participate in any game. In such cases the game in question is subject to forfeiture and the adult responsible will be subject to disciplinary action by the League Officials.**

In no case is any Coach or Official allowed to use any means of artificial weight reduction to ensure the players makes the required weight. This includes, but not limited to sweating down.

- L. Players who weigh in at the official weigh ins and is over weight with in the Pop Warner guidelines, will have an opportunity to weigh in at a designated re-weigh in site .Any Child NOT making weight at the official weigh in's or either re-weigh in site, will have one more opportunity to make weight at the emergency weigh ins which that child will have to miss the first game. Any child not making weight at the emergency weight ins will be ineligible for the rest of the season. All procedures will apply as they are outlined above at all weigh ins. Each team will be given a time & location for the re-weigh in prior to the 1st game and emergency weigh ins after the first game. Any child not attending the official weigh ins or does not make weight prior to the first game can attend the emergency weigh ins in which the association will be assessed \$25 per child.

NIPWLS Board Of Directors
1/31/11